



## 2<sup>ND</sup> SEPT - 25<sup>TH</sup> OCT



| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY  | FRIDAY  |
|---|---|--|---|---|
| Veggie meatballs and rice<br>(VG)                   | Crispy bacon and spinach<br>spaghetti               | Roast chicken, roast potatoes<br>and Yorkshire pudding | Beef lasagne  | Fish fingers and chips                              |
| Cheese & tomato pizza (V)                           | Sweet potato frittata fingers (V)                   | Veggie cowboy pie with roast potatoes (VG)             | Roasted vegetable flatbread (VG)                    | Fishless fingers and chips (VG)                     |
| Pasta shapes with a choice of topping (V)           | Jacket potato with a selection of toppings          | Pasta shapes with a choice of topping (V)              | Jacket potato with a selection of toppings          | Pasta shapes with a choice of topping (V)           |
| Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings    | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings |
| Lemon shortbread (VG)                               | Carrot cake (V)                                     | Jelly (VG)   | Chewy chocolate biscuits (VG)                       | A selection of home baking (V)                      |

Fresh fruit is served every day. Seasonal vegetables are available with all meals as well as access to the salad bar along with our homemade bread, baked in your school kitchen. Where possible, we buy locally sourced produce. All our meat is high welfare and our eggs are responsibly sourced and free range. Our spreads and cooking fats are vegan.





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| MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY  |
|---|---|---|---|---|
| Mushroom & spring veg<br>noodles (VG)               | Salmon fishcakes                                    | Sausage plait, new potatoes & seasonal veg          | Chicken chow mein                                   | Breaded fish and chips                              |
| Cheese & tomato pizza (V)                           | Macaroni cheese (V)                                 | Savoury muffin, new potatoes & seasonal veg (V)     | Spinach and chickpea curry (VG)                     | Vegan sausage and chips (VG)                        |
| Pasta shapes with a choice of topping (V)           | Jacket potato with a selection of toppings          | Pasta shapes with a choice of topping (V)           | Jacket potato with a selection of toppings          | Pasta shapes with a choice of topping (V)           |
| Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings |
| Berry and yoghurt swirl (V)                         | Melting moments cookie (VG)                         | Jelly (VG)  | Pear and honey cake (V)                             | A selection of home baking (V)                      |

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|---|---|---|---|---|
| Mexican bean & potato tray bake (VG)                | Pepperoni pasta                                     | Toad in the hole with roast potatoes                | Sticky chicken and rice                             | Breaded fish and chips                              |
| Cheese & tomato pizza (V)                           | Vegetable fajita (VG)                               | Vegetarian toad in the hole (V)                     | Cheesy bean bake (V)                                | Cheese & spinach pinwheel and chips (V)             |
| Pasta shapes with a choice of topping (V)           | Jacket potato with a selection of toppings          | Pasta shapes with a choice<br>of topping (V)        | Jacket potato with a selection of toppings          | Pasta shapes with a choice of topping (V)           |
| Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings | Deli option with a selection of breads and fillings |
| Gingerbread rounds (VG)                             | Orange drizzle cake (V)                             | Jelly (VG)  | Oat and sultana square (VG)                         | A selection of home baking (V)                      |

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